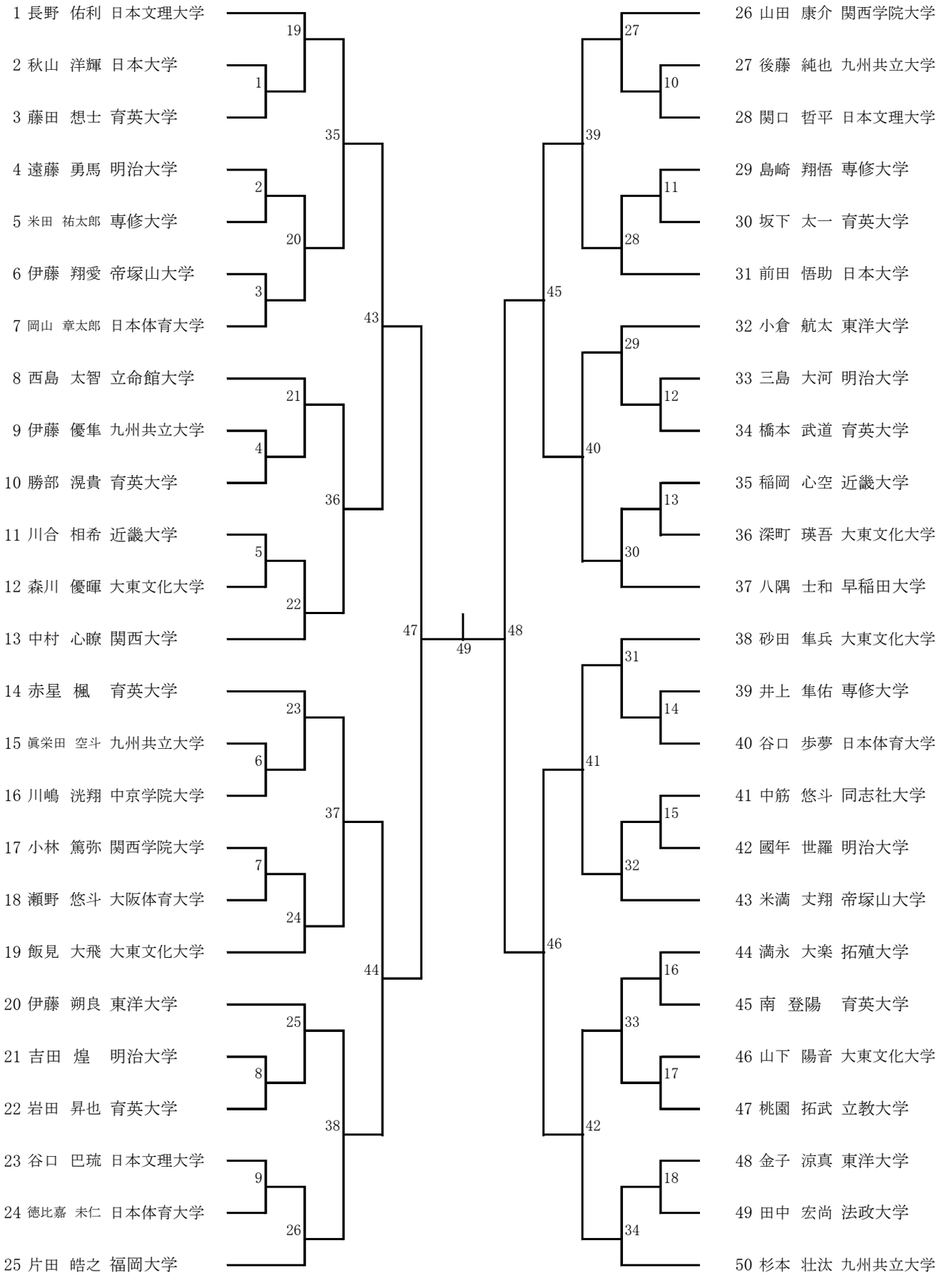グレコローマンレスリング63kg