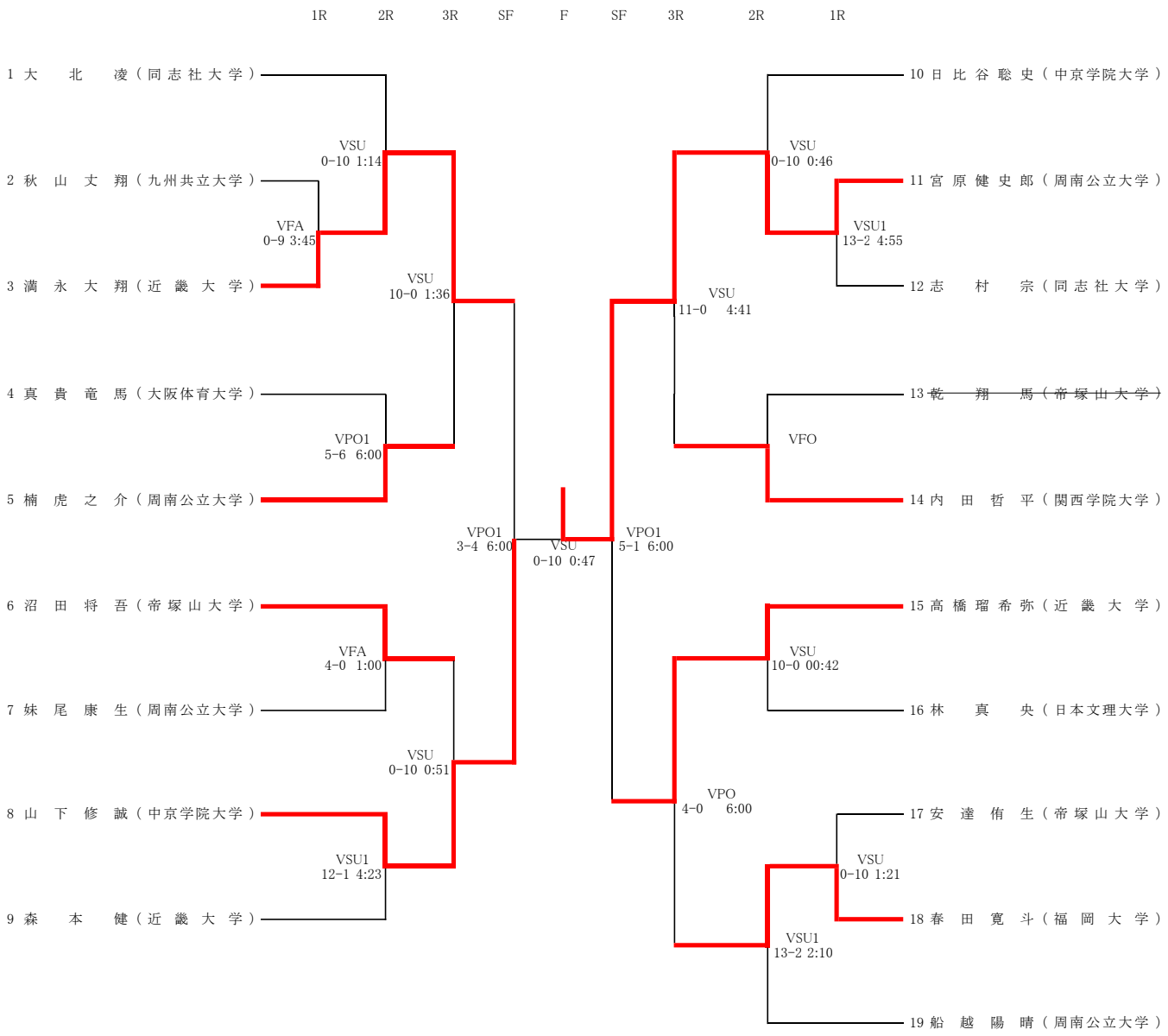フリースタイル57kg級